



# TREASURED MESSY PLAY RESOURCE REFRESHED TO SUPPORT THE ECE SECTOR

Early childhood professionals will be inspired by the new version of the teaching resource *Recipes* for Messy *Play*, featuring a new design and a few more messy play ideas adding to the original recipes for teachers and children to explore.



NZTC has collaborated with New Shoots and Curiate to refresh the beloved Ako Books and Playcentre Federation publication.

"Early childhood educators have a professional obligation to support play, advocate for children and champion childhoods. We are proud to support the sector to mess it up a little and ensure children experience the unlimited possibilities of slimy, runny, soft, warm, lumpy and wet," said Chief Executive Selena Fox.

Play-based learning is an essential part of New Zealand's early childhood curriculum *Te Whāriki*, and early childhood teachers are encouraged to enable children to explore through messy play.

All current NZTC students will receive a copy of *Recipes for Messy Play* when they come into the Auckland or Christchurch campus.

"NZTC is committed to ensuring our students and graduates are equipped with the skills and knowledge needed to care, educate and serve meaningfully and effectively. *Recipes for Messy Play*  furthers this commitment to our students and the early childhood education sector – and most importantly to the development of happy, confident children," Fox said.

Recipes for Messy Play is available for purchase online at www.nztertiarycollege.ac.nz/nztc-books and www.curiate.co.nz







## NZTC GRADUATE GROWS THROUGH GIFTING UNCONDITIONAL LOVE TO INDIA'S POOR

The opportunity to join her son on a school trip to India in 2015 was the start of a life-changing journey for Health and Wellbeing graduate Josephine Gibbs.

During the trip, her first ever outside of New Zealand, she spent two weeks caring for people at the Kalighat Home for the Dying in Kolkata, India.

Two years later, Josephine returned to India for six weeks, where she continued to look after both the young and the old in need.



"My trips to India, and my time spent volunteering, has made me grow as a person and made me step out of my comfort zone. You look at yourself and realise how selfish we can become. There are people who have nothing, yet they have smiles on their faces. It's a humbling experience," said Josephine.

Caring has been a part of Josephine's life from a young age. She used to help the family GP during visits to her remote Southland home. She started her career in the caring profession as a nurse's aide and went on to work with children in a healthcare capacity before ending up in her current roles as both a healthcare assistant and an assistant physiotherapist at Maidstone Hospital in Christchurch.

After her first visit to India, Josephine realised that she could apply her caring knowledge and skills universally. Although she has less resources to work with in India than she does in New Zealand, the care she provides is the same.

"People respond to being loved unconditionally. It's the little things like giving them a hug, brushing their hair, or painting their nails that make a big difference. It doesn't matter what language you speak, you can still bring laughter into someone's life," said Josephine.

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- Josephine Gibbs

With another trip in the pipeline for the end of this year, she hopes to be able to continue her work in India with annual visits.

"For me the trips are also about making friends and making connections. I enjoy building relationships with the other caregivers and gaining their trust, so we can help each other to give residents the best care possible."

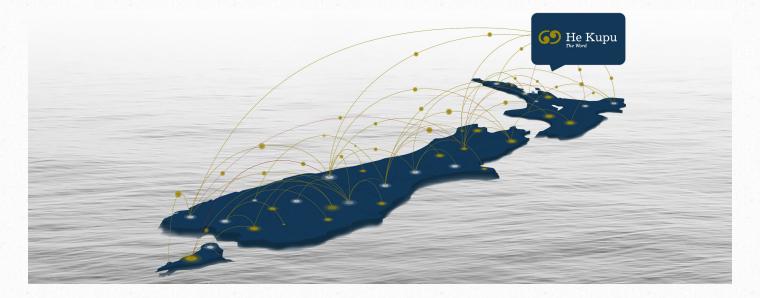






#### DIGITAL NZ AND HE KUPU PARTNER TO INCREASE JOURNAL'S REACH

A partnership between DigitalNZ and He Kupu is set to increase the journal's New Zealand audience, further supporting the early childhood sector through peer-reviewed research and knowledge.



Content aggregator DigitalNZ, which is located within the National Library of New Zealand, approached He Kupu publisher New Zealand Tertiary College (NZTC) offering a content partnership.

He Kupu is published twice annually with recent editions focused on weaving biculturalism into everyday practice and children's social and emotional development. The online journal brings together selected writers' voices that focus on the latest in research with an emphasis on practical application.

"The partnership is testament to He Kupu's role in creating an inclusive, critical, collaborative and informed community of early childhood professionals, academics, practitioners and students in New Zealand," NZTC Chief Executive Selena Fox said.

"We are proud to be offered this opportunity and it is especially significant because it has come directly after signing an international partnership with EBSCO — a USA-based global research journal database giant."

www.hekupu.ac.nz

### NZTC BRINGS TOGETHER MORE THAN 5,000 GRADUATES

The college has expanded its alumni whanau to automatically include all graduates.

NZTC Alumni will now be able to draw inspiration and connections from a community of more than 5,000 graduates.

All alumni are able to access continued support from the college with a range of benefits, including discounts on NZTC Symposiums and further study (when available), a quarterly alumni newsletter, and exclusive professional development opportunities.

NZTC Alumni also have access to a dedicated website featuring college news, free access to online journals to support professional development, and a page for graduates to share their achievements with each other.

If you have any questions about NZTC Alumni, please email alumni@nztertiarycollege.ac.nz

To access the NZTC Alumni website, visit alumni.nztertiarycollege.ac.nz







#### UPSKILL IN THE AREA OF DIABETES MANAGEMENT

NZTC Alumni with an interest in diabetes management in a healthcare setting are invited to join us for a free evening at the college's Auckland and Christchurch campuses in July.



Bring a friend along to learn more from industry experts who will be unpacking the essentials of diabetes – including an overview, potential complications, and practical care strategies for clients with diabetes.

Healthcare assistant and NZTC Alumni member Adrienne Foley, who completed NZTC's Level 3 and 4 programs, considers the college's health and wellbeing professional development (PD) evenings essential to her work and ongoing development.

"These PD evenings are not only a personal choice to attend, but are paramount if one wants to take the opportunity to learn and upskill. They are hugely beneficial in my role, as the information received enables me to apply such learning to what I do in the community," said Adrienne.



Adrienne Foley

"I encourage other alumni to attend these PD evenings, as they provide up-to-date practical and theoretical information that further enhances what you have already learnt in the Level 3 and 4 programs."

On Tuesday 3 July, Lynne Taylor, Manager of Diabetes Christchurch, will present to those attending the PD evening at NZTC's Christchurch Campus. A type 1 diabetic for more than 35 years, Lynne is passionate about sharing information and supporting others who live with the condition.

Iliana Fusitua, Health Promoter at Diabetes New Zealand, is sharing her knowledge of the subject with attendees at the college's Auckland Campus on Tuesday 10 July. Iliana has worked in the health promotion sector sharing information and educating communities about important health issues for more than seven years.

A Q&A opportunity will follow the guest speaker presentations and relevant supporting resources will be shared. All attendees will also receive a certificate of attendance and a gift bag.

#### **RSVP**

Email events@nztertiarycollege.ac.nz or register online at www.nztertiarycollege.ac.nz/events by Tuesday 26 June (Christchurch) and Tuesday 3 July (Auckland).